

# Adventures with Oakland

## Paddling Day Trip Questionnaire

Dear Guest,

In an effort to truly help personalize your upcoming adventure we just ask that you answer some questions for us. The more you tell us about yourself and the members of your party the better we can serve you.

We have developed the following questionnaire to gain insight into how you imagine your perfect Paddling trip in the Adirondacks, specifically the high peaks area of the tri-lakes. Please take the time to answer the questions and send back to us via e-mail.

Once we receive, we can tailor many choices of great hikes for you to choose from!

- 1). Names & Ages of those participating:
- 2). Emails:
- 3). Occupations of those attending:
  
- 4). Physical limitation or medical consideration (this part is important, if your knees or back cannot handle strain, or you get sea sickness, or have low or high blood sugar etc).  
We can work with limitations only if we know about them.
  
- 5). Please describe the regular physical activities of the people attending including yourself.
  
- 6). Do you have any paddling experience, if so please describe.
  
- 7). What are the things you want to do, see, learn on this trip?
  
- 8). How many miles from the hotel do you wish to travel by car to reach a launch?
  
- 9). How many miles Round Trip do you believe you can paddle?
  
- 10). How adventurous do you want to be on a scale from 1-10?  
1 being flat non moving water to 10 being quick moving river (not whitewater)

We Thank you in advance and look forward to planning your adventure.